

West Windsor Archers



CLUB HANDBOOK

Updated 30th November 2018

WELCOME

The Committee and members of West Windsor Archers, Seniors and Juniors, extend a warm welcome to you as a new member of our club and hope you will gain pleasure, pride in achievement and many new friends among members of the Club.

This booklet is designed to inform and help you progress with your archery

YOUR COMMITTEE – You can reach all of us at committee@wwa.org.uk

Chairman - Paul Crocker - chairman@wwa.org.uk -

Secretary - Rosemarie Delaney - secretary@wwa.org.uk

Treasurer - Margaret Cox - treasurer@wwa.org.uk

Records Officer - Martin Poole - records@wwa.org.uk

Child Protection Officer - Richard Scott - cpo@wwa.org.uk

Bowyer - Steve Clements – bowyer@wwa.org.uk

Social Secretary - Margaret Cox - treasurer@wwa.org.uk

P.R.O/Bowshot - Archie Clifton - pro@wwa.org.uk

Health & Safety—Richard Scott - cpo@wwa.org.uk

Website -Steve Clements - webmaster@wwa.org.uk

Member - Keith Rennie

The committee as of November 2018. Please update the name if necessary after the AGM although the email address for each position remains the same.

Please contact any of the above if you are interested in helping with the committee

WEBSITE

We have a very good website, you will be sent login details to access the member's area on the website. The member's area contains news relevant to all current members <https://wwa.org.uk>

Competitions – Most clubs hold competitions and a new online calendar at <http://www.archerycalendar.org/> is available and our own May Day competition is listed.

And remember that ANYONE seeing a hazard can make the "FAST" call.

COUNT YOUR ARROWS AT THE START OF SHOOTING AND END OF SHOOTING IF ONE IS MISSING TELL SOMEONE IT MUST BE FOUND

<https://wwa.org.uk>

Please note that the school has a speed limit of 5mph

ANYONE seeing a hazard while on the shooting or waiting line can make the "FAST" call.

WHERE AND WHEN WE SHOOT

Dedworth Middle School, Smiths Lane, Windsor. SL4 SPE. All club shoots and practice meetings during the Summer months are held on the school field. Equipment is stored in the club shed with committee members holding keys. There is a notice board for relevant items.

Summer weekday shooting is from the end of March (Last Sunday) Until Mid-October when the light levels drop making it difficult to find lost arrows.

SUNDAY	Club rounds/competitions. See shooting calendar. Members are required to wear club colours on a Sunday - see dress code. <i>Please note shooting start times, on all competitions we start AM 10am setup and shooting commences at 10.30, PM 13.30 setup and shooting commences at 14.00. If you are late, then you can still shoot but your score may not be recorded (depending on how late you are) Please see our calendar.</i>
MONDAY	Practice and occasional coaching.
WEDNESDAY	Practice & club rounds.
FRIDAY	Practice/Help nights. <i>Weekdays 17.30 for 18.00 start. Finish at 8pm</i>

Winter shooting takes place on a Sunday from 10am at the school after the Halloween shoot and at the Sports Hall behind Eton Wick Library from Mid-October until the end of March. Starting at 6pm and finishing at 9pm on Wednesdays and Fridays and there is a charge of £5 for each evening, If demand continues at the current rate we will be shooting an extra day if it becomes too busy.

Please note that the school has a speed limit of 5mph

MEMBERSHIP LIST and DATA PROTECTION (GDPR)

When you filled in your membership application you were asked for your data preferences. The club maintains a database of contact details of those who have opted in. This is used solely for club administration and for contacting members with information relevant to club activities. Contact with junior members will be via a parent or responsible adult.

To comply with GDPR we can no longer distribute the membership database to members. You can however contact members via the club email address. We have 2 addresses, 1 that reaches all current members wwamembers@wwa.org.uk and the other reaches all current committee members committee@wwa.org.uk

WWA has a data protection policy as set out in the *WWA Data Privacy Notice* that can be viewed on the club website and notice board or on request from a committee member. This explains what we do with your data and your rights concerning its use and storage.

You may change your data preferences at any time.

And remember that ANYONE seeing a hazard can make the "FAST" call.

COUNT YOUR ARROWS AT THE START OF SHOOTING AND END OF SHOOTING IF ONE IS MISSING TELL SOMEONE IT MUST BE FOUND

<https://wwa.org.uk>

DRESS CODE – CLUB COLOURS ARE GREEN AND WHITE OR ALL WHITE

At all tournaments or competitions, including at Club level, you are required to wear regulation clothing, each piece coloured either dark green or white. Exceptions to this rule are clubs with registered club colours. Waterproofs are not subject to this rule but both colours are readily available. Camouflage and blue denim are NOT permitted. Log in on the members area for details on the club clothing which is available from Schooldays Direct at <http://www.schooldaysdirect.co.uk/index.php>

The rule is not generally enforced Monday to Friday and new members are allowed some leeway for a short time. Note, though, that you may be asked to leave the line at Invitation or 'away' shoots if you do not comply. (See GNAS/Archery GB Rules of Shooting for fuller details <http://www.archerygb.org/wp-content/uploads/2017/05/Proc0104RoSApril2017-22490.pdf>)

Please note: enclosed footwear must be worn at all times, on the archery field.

BOWSHOT

This is the name of the club newsletter which is published twice during the year. In it you will find information about general club organisation and developments; competition results; forthcoming events; news and general chit-chat. To help fill the pages, the Editor is always willing to receive items from members for inclusion please contact Archie, pro@wwa.org.uk.

HANDICAPS

There is a system of handicapping set down by the G.N.A.S. This is so that at certain competitions away and monthly summer club shoots, everyone is levelled off, as in golf. How it works is that (to try to explain it simply) if there is a possible score of 100 and you would normally score 90 then your handicap would be 10. If, however, you would normally score 40 your handicap would be 60. Assuming the seasoned archer achieves their score of 90, this is added to their h/cap. Making their score 100. If the less experienced archer excels themselves and scores 50 this is added to their h/cap. Makes their aggregate score 110, thus allowing the less seasoned archer to win. That is it in simplistic terms, but you can see how it roughly works and allows a levelling of archers. If you shoot better than your norm, you are in with a chance for the medals. Beginners have a good chance of winning at the monthly handicap shoots because they are improving faster than experienced archers.

Winter and Summer (Outdoor and indoor) handicaps are calculated separately. To obtain your outdoor handicap you must shoot three qualifying outdoor rounds, and three indoor rounds for your indoor handicap. They don't have to be competition shoots, provided you ensure your scores are countersigned by someone in authority (preferably the field captain) before handing them to the Records Officer.

Once you have three recorded scores the handicaps for each are worked out and an average taken, that is then your declared handicap. The only change to this figure is to reduce it by shooting better. If you go through a bad patch, your handicap is not increased. This only happens at the start of the shooting season, (January for outdoor June for indoor) when it is reassessed by the Records Officer.

And remember that ANYONE seeing a hazard can make the "FAST" call.

COUNT YOUR ARROWS AT THE START OF SHOOTING AND END OF SHOOTING IF ONE IS MISSING TELL SOMEONE IT MUST BE FOUND

<https://wwa.org.uk>

ARROW FINDING

Before you commence shooting ALWAYS count how many arrows are in your quiver, so that there is never any doubt whether or not one is missing

Our shooting takes place on a school playing-field and, for this reason, all 'grassed' arrows MUST be found before leaving the site.

The use of all-carbon and fibreglass arrows is strictly forbidden as they cannot easily be found with the metal-detectors.

ETIQUETTE

(Extracted from the G.N.A.S. Rules of shooting)

<http://www.archerygb.org/wp-content/uploads/2017/05/Proc0104RoSApril2017-22490.pdf>

A good archer **DOES NOT**:-

1. Talk in a loud voice when others are shooting
2. Talk to another competitor who obviously prefers to be silent.
3. Make any exclamation on the shooting line which may disconcert a neighbour in the act of shooting.
4. Go behind the target to retrieve his/her arrows before his/her score has been recorded.
5. Walk up and down the line comparing scores.
6. Touch anyone else's equipment without permission.
7. Leave any litter.
8. Turn up late for shoots keeping others waiting, remember ample time is required for making equipment ready.
9. Use any electronic device at the shooting line or beyond it.

A good archer **DOES**:-

Call his/her score in groups of three, starting from the highest scoring arrow, i.e. 8,7,6, pause 5,5,4. Do not touch any arrows until they have been scored, just point to the ones being called, otherwise those arrows may be disqualified.

Be careful when withdrawing arrows from a boss, be aware of your surroundings.

And remember that ANYONE seeing a hazard can make the "FAST" call.

COUNT YOUR ARROWS AT THE START OF SHOOTING AND END OF SHOOTING IF ONE IS MISSING TELL SOMEONE IT MUST BE FOUND

<https://wwa.org.uk>

SOME ARCHERY TERMINOLOGY

BRACER: A leather/plastic covering to protect inside of the bow arm. These can be short or long, whichever is your preference.

TAB: These are generally made from thin leather and protect the arrow fingers. During your introduction course, you probably used a simple one piece leather tab with two finger holes. There are many varied styles, most archers use a double thickness leather with a metal/plastic assembly that acts as a chin rest, to ensure that you pull back to the same place on each draw.

QUIVER: Made from leather or plastic, these are normally hung from a belt and hold your arrows in readiness for shooting.

FOOT MARKERS: These take many forms, but are basically devices placed on the ground to ensure that your feet are in the same position each time you shoot.

STRINGER: This is a cup shaped leather piece and a piece like a saddle, joined with a length of cord and is used to attach the string to the bow.

BRACING HEIGHT: The distance between the string and the arrow rest, as recommended by the bow manufacturer.

NOCKING POINT: This is the place on the string where the arrow fits. They can be made by winding waxed string i.e. dental floss around the bowstring and gluing, or metal tags.

CLICKER: Normally a thin strip of metal fitted to the bow handle, this slides over the arrow and "clicks" off at full draw length, ensuring that the arrow is pulled back to the same draw each time.

SIGHT: This is an adjustable sighting aid attached to the bow handle and can be set to the bow and your own personal requirements.

KISSER BUTTON: Sometimes used as an additional guide to shooting, when the lips are resting on the string and line up with the button.

RISER: The handle of the bow. This is generally made of metal or wood.

LIMBS: These are the curved flexible arms that attach to the bow handle and are various lengths and weight resistances. You can change your limbs rather than the whole bow as you progress.

STABILISER: Weights and rods, which are screwed into the riser/ handle to stabilise the bow when the arrow is released.

ARROW REST: These are manufactured in either plastic or metal and have an arm for the arrow to rest on. They are normally fixed to the riser by means of a self-adhesive base.

PLUNGER/PRESSURE BUTTON: Spring loaded button fixed through the riser to adjust the path of the arrow past the bow.

SIGHTMARK: This is the recorded sight position for the various distances that you shoot. It is advisable to maintain a record of these so that you can set up for any shoot. Further adjustment will most probably be needed each time, but you will be close.

FLETCHING: This is what is commonly referred to as a feather on the blunt end of the arrow. These are generally made from plastic and are many and varied.

NOCK: Fitted on the blunt end of the arrow to hold the arrow on the string.

PILE OR POINT: This is the sharp end of the arrow and is fitted either in or over the shaft, again they come in various shapes, sizes & weights.

BOSS: This is generally a large disc made up of bound straw, to which the target face is fixed. Made normally in two sizes.

SHOOTING LINE: This is a line parallel to the targets at a measured distance, the archer stands astride this line when shooting. An arrow must not be put on the bow until the leading foot is over this line.

SAFETY LINE: This line is laid down parallel to the shooting line but at some distance to the rear. All persons not shooting must remain behind this line, together with their equipment.

FIELD CAPTAIN: The person elected as Field Captain has the responsibility of ensuring that all arrows have been shot before allowing any person over the shooting line. He/she must also be certain that nobody is beyond the shooting line towards the targets before allowing shooting to commence. Both situations are indicated by the blowing of a whistle. All archers must obey the whistle of the Field Captain at all times.

BOUNCERS: This is the term given to an arrow that hits the target and bounces back. In certain shoots, at the discretion of the Judge/Field Captain, the archer may be allowed to shoot a further arrow.

And remember that ANYONE seeing a hazard can make the "FAST" call.

COUNT YOUR ARROWS AT THE START OF SHOOTING AND END OF SHOOTING IF ONE IS MISSING TELL SOMEONE IT MUST BE FOUND

<https://wwa.org.uk>

WEST WINDSOR ARCHERS HANDBOOK PAGE 7

METRIC ROUND: The target distances are measured in metres and the target scored:- inner Gold 10, outer Gold 9, inner Red 8, outer Red 7, inner Blue 6, outer Blue 5, inner Black 4, outer Black 3, inner White 2, outer White 1. Any arrow outside scored as a miss.

GNAS ROUND: The target distances are measured in yards and the target scored:- Gold 9, Red 7, Blue 5, Black 3, White 1. Any arrow outside scored as a miss.

LINE CUTTER: This is the term given to an arrow that touches or breaks the black line between colours. The arrow scores the higher value. If there is any doubt, the score shall be decided by the Judge or the Field Captain.

FAST: If anyone present where archery is taking place becomes aware that shooting should be halted for safety reasons, that person must call "FAST". On hearing this call, all archers must immediately stop shooting, returning all unshot arrows to the quiver. If necessary, the call of "FAST" should be repeated by other archers to ensure that everyone has heard and stopped shooting. Shooting will re-commence only on the instruction of the Judge.

SIGHTERS: At any Meeting no practice is allowed on the ground the same day, except that six arrows may be shot as sighters before the beginning of each day's shooting, but only after competitors have come under the Judge's orders at the Assembly. Such sighters shall not be recorded.

A FEW SHOOTING TIPS – Turn up on time to help setup and stay to help pack up.

SIGHT ADJUSTMENT: If when shooting you find your arrows are consistently landing higher than you are aiming, raise your sight. If they are dropping then lower your sight. (arrows up-sight up. Arrows down-sight down.) Should they land consistently left then adjust your point of sight to the left. Do the opposite for arrows flying right.

WEATHER ADJUSTMENT: It should be noted that in wet weather your arrows will generally fly lower than normal, adjustment must be made using the same principles as previously shown to compensate. In windy weather it is sometime difficult to judge adjustment, especially in blustery conditions, it may be advisable to adjust your shooting rather than the sight for each arrow.

STRINGS: There are a number of different strings available, the main ones being, Fast Flight, 8125 and Dacron. Different people have their own preferences, you will have to use your growing experience to find which suits you best. You can buy these ready made from archery suppliers. You will possibly find that with use the string will be inclined to alter its length, this can be corrected with a few twists throughout its length to achieve the correct bracing height for your bow. Be very careful in attaching the string to the bow, a lot of tension is created. The string must be fitted the right way up to ensure that the nocking point is correctly aligned.

DRESS: Ensure that you are comfortably dressed without being too floppy as loose clothing can foul the string, causing all sorts of problems with the flight of the arrow.

QUESTIONS: Always ask if you are not sure of something, other archers are fully prepared to help and advice, don't be shy, even seasoned archers from time to time ask others to watch them shoot for corrective advice and everybody picked up a bow for the first time.

YOU: If you want to be a popular member of the club, please make sure you always arrive early enough to assist with setting up the gear, not just your own equipment. Remember when you are shooting at a target somebody had to put it there. If you do have a problem with lifting etc. don't keep it to yourself, we are quite sympathetic and if there is a reason you won't be considered thoughtless. Remember also that the equipment has to be put away at the end of a shoot, be it practice or competition.

And remember that ANYONE seeing a hazard can make the "FAST" call.

COUNT YOUR ARROWS AT THE START OF SHOOTING AND END OF SHOOTING IF ONE IS MISSING TELL SOMEONE IT MUST BE FOUND

<https://wwa.org.uk>

A FEW RULES OF SHOOTING & CONDUCT ON THE FIELD

1. The club rules of shooting will conform to the current rules of shooting of Archery GB. These can be downloaded here <http://www.archerygb.org/wp-content/uploads/2017/05/Proc0104RoSApril2017-22490.pdf>
2. No-one shall shoot whilst others are in front of the shooting line. No bow with or without an arrow on the string shall be pointed at anyone under any circumstance, whether drawn or not.
3. **During shooting anyone seeing an unexpected hazard must shout the word "fast", all archers will immediately stop and await further orders.**
4. Any loss or damage to Club equipment shall be reported immediately to a member of the executive committee.
5. Members shall be held responsible for any loss or damage to Club equipment caused by their negligence or disobedience of the rules.
6. Members, before leaving the field, shall put away securely, all Club equipment they have been using.
7. Any archer not shooting shall remain at least 5 yards/metres behind the shooting line and keep as quiet as possible whilst others are shooting.
8. Archers shall not pass behind the target to retrieve arrows until their scores have been taken.
9. In competition shoots, shooting shall commence 15 minutes after the appointed time for assembly. In all cases a whistle will be sounded for assembly and again for commencement of shooting.
10. Please see our calendar on the website <https://wwa.org.uk> or on the hut door, we can also email you a copy. It is important that you arrive early to help set up the field and turning up to shoot after everything is set up is not fair on those who do set up so please be on time. The timings on the calendar are 1st time is set up and 2nd time is when we start shooting, arriving after this time, you can still shoot but your score may not be recorded. Likewise help take the field down, don't run off and leave the others to do it for you. In exceptional circumstances this can be waived.

Please make yourself familiar with these rules

And remember that ANYONE seeing a hazard can make the "FAST" call.

JUNIOR ARCHERY ROUNDS

Boys under 18

And remember that ANYONE seeing a hazard can make the "FAST" call.

COUNT YOUR ARROWS AT THE START OF SHOOTING AND END OF SHOOTING IF ONE IS MISSING TELL SOMEONE IT MUST BE FOUND

<https://wwa.org.uk>

(a) Bristol 1. (b) Metric 1. (c) Long Metric 1. (d) Short Metric 1

Boys under 16, Girls under 18

(a) Bristol 2. (b) Short Western. (c) Short National. (d) Short Windsor
 (e) Short Warwick. (f) Metric 2. (g) Long Metric 2. (h) Short Metric 2.

Boys under 14, Girls under 16

(a) Bristol 3. (b) Junior Western. (c) Junior National.
 (d) Junior Windsor. (e) Junior Warwick. (f) Metric 3.
 (g) Long Metric 3. (h) Short Metric 3.
 (i) St. Nicholas.

Boys under 12, Girls under 14

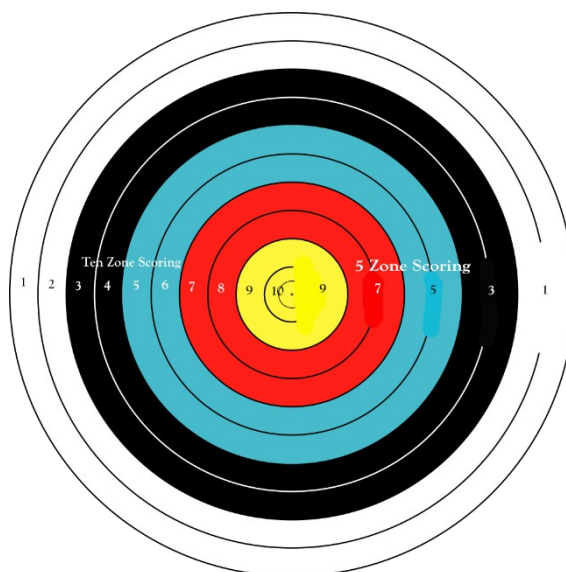
(a) Bristol 4. (b) Short Junior Western. (c) Short Junior National.
 (d) Short Junior Warwick. (f) Metric 4.
 (g) Long Metric 4. (h) Short Metric 4.

Girls under 12

(a) Bristol 5, (b) Metric 5, (c) Long metric 5, (d) Short Metric 5.

Please note, these are the recommended shortest distances juniors may shoot in their age groups, however there is no reason why a junior, if capable, may not shoot in a higher age bracket. This would alter the level of classification awarded; therefore notification must be given to the Records Officer so that due allowance can be made.

At our club shoots if you find the distance too long then it will be permitted to shoot down a distance, but please give it a go.



Archery GB/ GNAS Rounds - Dozens of arrows per Distance in Yards											
	100	80	60	50	40	30	20	15	10	Gents	Ladies

And remember that ANYONE seeing a hazard can make the "FAST" call.
COUNT YOUR ARROWS AT THE START OF SHOOTING AND END OF SHOOTING IF ONE IS MISSING TELL SOMEONE IT MUST BE FOUND
<https://wwa.org.uk>

WEST WINDSOR ARCHERS HANDBOOK PAGE 10

York	6	4	2							Adult	Adult
Hereford/Bristol I		6	4	2						U18	Adult
Bristol II			6	4	2					U16	U18
Bristol III				6	4	2				U14	U16
Bristol IV					6	4	2			U12	U14
Bristol V							6	4	2	--	U12
St George	3	3	3							Adult	Adult
Albion		3	3	3						Adult	Adult
Windsor			3	3	3					Adult	Adult
Short Windsor				3	3	3				U16	U18
Junior Windsor					3	3	3			U14	U16
Short J Windsor						3	3	3		--	U12
New Western	4	4								Adult	Adult
Long Western		4	4							Adult	Adult
Western			4	4						Adult	Adult
Short Western				4	4					U16	U18
Junior Western					4	4				U14	U16
Short J Western						4	4			U12	U14
American			2½	2½	2½					Adult	Adult
St. Nicholas				4	3					U14	U16
New National	4	2								Adult	Adult
Long National		4	2							Adult	Adult
National			4	2						Adult	Adult
Short National				4	2					U16	U18
Junior National					4	2				U14	U16
Short J National						4	2			U12	U14
New Warwick	2	2								Adult	Adult
Long Warwick		2	2							Adult	Adult
Warwick			2	2						Adult	Adult
Short Warwick				2	2					U16	U18
Junior Warwick					2	2				U14	U16
Short J Warwick						2	2			U12	U14
Dozens of arrows per Distance											

WA Metric Rounds

	122 cm Target Face	80 cm Target Face	Ma
--	--------------------	-------------------	----

And remember that ANYONE seeing a hazard can make the "FAST" call.

COUNT YOUR ARROWS AT THE START OF SHOOTING AND END OF SHOOTING IF ONE IS MISSING TELL SOMEONE IT MUST BE FOUND

<https://wwa.org.uk>

WEST WINDSOR ARCHERS HANDBOOK PAGE 11

															x Score
Round Name	90 M	70 M	60 M	50 M	40 M	30 M	20 M	50 M	40 M	30 M	20 M	15 M	10 M		
1440 (Men)	3	3						3		3				1440	
1440 (Ladies, Cadet Boys & Masters Men)		3	3					3		3				1440	
1440 (Cadet Girls & Masters Ladies)			3	3					3	3				1440	
900			2½	2½	2½									900	
70m		6												720	
60m			6											720	
50m								6						720	
Standard Round				3		3								720	
Set System Recurve		*													
Set System Compound				*											
Dozens of arrows at each distance															

And remember that ANYONE seeing a hazard can make the "FAST" call.

COUNT YOUR ARROWS AT THE START OF SHOOTING AND END OF SHOOTING IF ONE IS MISSING TELL SOMEONE IT MUST BE FOUND

<https://wwa.org.uk>



**West Windsor Archers
Handbook
Last updated November 2018**

And remember that ANYONE seeing a hazard can make the "FAST" call.
**COUNT YOUR ARROWS AT THE START OF SHOOTING AND END OF SHOOTING IF ONE IS MISSING TELL
SOMEONE IT MUST BE FOUND**
<https://wwa.org.uk>